

How well do you know the Catholic faith? Well, let's find out..."

Another question from my teenage daughter: ***What is chaste love? Why should a Christian live a chaste life?***

- A) The Catholic Church doesn't talk about chaste love. This is a worldly expression.
- B) A chaste love is a love that defends itself against all the internal and external forces that might destroy it. That person is chaste who has consciously accepted his sexuality and integrated it well into his personality. A person acts chastely when his bodily activity is the expression of dependable faithful love.
- C) This term was used before the Council, right now we do not talk about it.

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My teenager daughter surprised me with this question: How is sexuality related to love?

- A) You should say to her that the school is the best place to ask this kind of question.
- B) Sexuality must not be separated from love; they must go together. The sexual encounter requires the framework of a true, dependable love. (CCC 2337)**

When sexuality is separated from love and is sought only for the sake of satisfaction, one destroys the meaning of the sexual union of man and woman. Sexual union is the most beautiful bodily, sensual expression of love. People who look for sex without love are lying, because the closeness of their bodies does not correspond to the closeness of their hearts. Someone who does not take his own body language at its word does lasting damage to body and soul. Sex then becomes inhuman; it is degraded to a means of obtaining pleasure and degenerates into a commodity. Only committed, enduring love in marriage creates a space for sexuality that is experienced in a human way and brings lasting happiness.

- C) Human sexuality is not connected in any way, shape or form with love. Simply this is two entirely different things.

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