

How well do you know the Catholic faith? Well, let's find out..."

My question is simple today. *What is love?*

A) Love is a wonderful feeling.

B) Love is the free self-giving of the heart. (CCC 2346)

To have a heart full of love means to be so pleased with something that one emerges from oneself and devotes oneself to it. A musician can devote himself to a masterpiece. A kindergarten teacher can be there wholeheartedly for her charges. In every friendship there is love. The most beautiful form of love on earth, however, is the love between man and woman, in which two people give themselves to each other forever. All human love is an image of divine love, in which all love is at home. Love is the inmost being of the Triune God. In God there is continual exchange and perpetual self-giving. Through the overflowing of divine love, we participate in the eternal love of God. The more a person loves, the more he resembles God. Love should influence the whole life of a person, but it is realized with particular depth and symbolism when man and woman love one another in marriage" and become "one flesh" (Gen. 2:24).

C) Love doesn't exist. It is just a romantic expression.

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My teenager daughter surprised me with this question: How is sexuality related to love?

A) You should say to her that school is the best place to ask this kind of question.

B) Sexuality must not be separated from love; they must go together. The sexual encounter requires the framework of a true, dependable love.

C) Human sexuality is not connected in any way, shape or form with love. Simply this is two entirely different things.

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